

# Welcome to the



REME  
ADVENTUROUS  
TRAINING  
CENTRE



## A VISITORS GUIDE TO THE REME ADVENTUROUS TRAINING CENTRE

### INTRODUCTION

The REME ATC is situated at Gunzesried-Sage, in the heart of the Bavarian Allgau region. It provides an ideal blend of welcoming atmosphere, easy camaraderie and comfortable accommodation at an inexpensive price and is ideally suited for those seeking adventurous training facilities. You can enjoy the ATC experience whether you are travelling in a group as part of a military exercise or as a family group during our special family weeks.

The ATC is rented by Commander Equipment Support 1<sup>st</sup> (UK) Armoured Division on behalf of the REME. It provides an affordable base for those wishing to partake in Adventurous Training (AT) activities. In accordance with the Status Of Forces Agreement (SOFA) the ATC is maintained as a tax-free facility and as such prices are kept low.

### ELIGIBILITY

Entitled visitors to the REME ATC include:

- All serving soldiers participating in an official AT Exercise.
- Due to the tax free nature of the ATC, only those families currently serving in BFG with tax-free status in accordance with SOFA are entitled to attend the family weeks.

### PROGRAMME OF ACTIVITIES

Adventurous training programmes vary from group to group, with the specific content being finalised upon arrival. The format of daily activities will be drawn from the following:

- Kayaking
- Climbing/Abseiling
- Trekking
- Alpine skiing - winter season only

Other activities available within the local area are listed below. These activities are seasonal, at additional cost to individuals and must be arranged by group leaders on rest days only:

[www.remefacilities.com](http://www.remefacilities.com)



In-Line Skating  
Hi-Wire Course  
Canyoning  
White Water Kayaking

Glacier Skiing  
Water Skiing  
River Riding  
Paragliding

Klettersteiging  
Swimming  
Archery  
Mountain Biking

## INSTRUCTORS

During the summer months, the resident Chief Instructor is on hand to advise and help you plan your daily activities. **Units will be required to bring their own adventure-training instructors for all summer courses.** Skiing instructors are available during the winter season at no extra cost to groups.

## INSURANCE AND MEDICAL INSURANCE

All exercise commanders are strongly advised to make adequate insurance arrangements for the AT expedition in accordance with current regulations. Serving soldiers and their families on the strength of a unit based in Germany, who are on official leave, are covered for emergency treatment only. UK based personnel are to apply for a European Health Insurance Card (EHIC) prior to arrival which entitles them to medical treatment during a temporary stay in a foreign country.

Regrettably, we can no longer absorb cancellation costs; therefore adequate holiday insurance is strongly recommended, with minimum cover to include:

- Third party liability for persons and property, including medical evacuation from ski areas (winter season only).
- Medical cover for personal injury, medical expenses and repatriation.
- Personal cover for belongings, property and cancellation for any reason.

## EXERCISE COMMANDERS NOTE

In addition to securing your booking for accommodation, all unit exercises must be cleared through the Adventure Training Group (Germany) (ATG (G)). JSP 419 lists the appropriate application forms, which must be submitted well in advance of the proposed visit. Further guidance if required is available from the Herford office.

Should you wish to make a booking or if you have any further enquires please do not hesitate to contact us. We look forward to hearing from you.



## CLOTHING AND EQUIPMENT

A recommended list of clothing/equipment required for adventurous training activities is at page 6 of this information booklet. It is beneficial to the individual to bring as much as possible from the listing. All specialist adventure training equipment will be provided by the ATC; however, individual unit requirements must be confirmed prior to arrival. Available equipment includes:

- Kayaks, wetsuits, life jackets
- Ropes & harnesses
- Boots (walking, climbing “stickies”)
- Skis, boots and poles

## ACCOMMODATION

Accommodation will be in small but comfortable 2 - 6 bedrooms, all of which are furnished to a basic level and have wash basins. Bedding is provided, but visitors will need to bring hand and bath towels. Shower and toilet facilities are situated on each landing; therefore more modest individuals may also like to bring bathrobes, as there may be mixed sex groups in residence.



## MEALS

All catering is done centrally by the ATC's chef. Each morning the staff will prepare a full continental breakfast to help you get ready for the day. All the ingredients required for your packed lunch are also laid out, enabling you to prepare the lunch of your choice. In the afternoon, (16:30) after a hard day's adventure, you will be offered soup, tea, coffee, biscuits and cake to fill the gap before dinner. Our chef will prepare the evening meal, which is served at 18:00, allowing you to relax and re-live the day's activities.



For those on official AT the REME ATC is recognised as a Multi Activity Lodge (MAL) and you are entitled to claim CILOR for the period you are at the ATC. CILOR is only accepted using the Cash Free Messing system; units are not to bring cash CILOR. Full details of procedure for claiming CILOR can be found in JSP 456 Defence Catering Manual Volume 2.

## FACILITIES

The following facilities are available within the ATC:

- Restaurant and Bar Areas
- TV & DVD Lounge with basic Satellite
- Laundry & Drying Rooms
- Pay Phones
- BBQ area
- Volleyball Court
- Table tennis
- Book swap facility
- DVD library



## BAR FACILITIES

The ATC bar stocks a full range of wines, spirits and local beers and is open daily from 17:00 – 18:00 and 19:00-23:40. These timings are strictly adhered to.

## TELEPHONE

Pay phones for guest use are provided and accept incoming calls on 08321 88836.

## TRAVEL

Arrival at the ATC should be planned for mid-afternoon on the first date shown on your initial booking correspondence. This allows time for individuals to settle in prior to dinner and the initial briefings. Departure should be after breakfast on the morning of the last date shown on your booking correspondence. Training activities will not be undertaken on arrival or departure days.

During courses, visitors must use their own transport for travelling to and from the adventure training areas for which route cards are provided. The route card at page 7 of this booklet is enclosed to assist you during the final stages of your arrival journey.

## WINTER TYRES

Guests residing at the ATC during the ski season are advised to have winter tyres fitted to their cars prior to arrival in accordance with German law. It is also advisable to carry a set of snow chains in the vehicle at all times and have the car serviced before travelling to Bavaria, (anti-freeze mixture strengths checked to give protection down to at least -30Deg C).



## NO SMOKING POLICY AND FIRE REGULATIONS

Due to the ATC being of wooden construction, and for the comfort of all guests, smoking is only permitted outside of the main building. Guests are asked to acquaint themselves, and their families, with the ATC fire orders upon arrival, copies of which are displayed in all guestrooms and at fire points throughout the building.



## PETS AND ANIMALS

Due to the style of accommodation at the ATC, health and hygiene regulations and in the interest's of animal welfare, **NO PET OR ANIMAL OF ANY DESCRIPTION** is to be brought to the ATC. This rule is not negotiable. Personnel attempting to bring pets or animals to the ATC will have their booking cancelled.



## COSTS

Current prices are available on request from REME Facilities Bavaria bookings clerk on Herford Mil 94882 3447. Prices include accommodation and full use of any training equipment (ropes, skis etc); during the winter months the charge also covers the cost of lift passes.

It is emphasised that Unit CILOR authorisation is required, in addition to this cost. Should CILOR not be available, an additional charge of **€8.00** per soldier per day will be raised.

## **BOOKING PROCEDURE**

All booking enquiries and accommodation payments should be made through Capt Keith Snell, or Mrs Susan Crossfield, at the booking office in Herford.

Contact: REME Facilities Bavaria  
Equipment Support Branch  
HQ 1(UK) Armoured Division  
British Forces Post Office 15

Tel: Herford Mil Ext 94882 3447 or Civil +49 (0)5221 995 3447

Email: [1ukxx-es-trg-clk@mod.uk](mailto:1ukxx-es-trg-clk@mod.uk)

Once the initial booking has been made, a letter of confirmation will be sent out requesting a 30% deposit to secure the accommodation. The remaining balance will be required approx. 6 weeks before commencement of the exercise/visit.

## **ATC ADDRESS AND TELEPHONE NUMBER**

Manager: SSgt Matt Phillips

Bergheim Lieb  
Heubet 10  
Günzesried-Säge  
87544 Bläichach  
Allgäu

Tel No: +49 (0)8321 82808

Grid Ref: WT 892622

## **REME ATC RECOMMENDED CLOTHING/EQUIPMENT LIST**

The following list is compiled as a guide for visitors undertaking adventurous training at the REME ATC. The list is by no means exhaustive, and quantities of items required are dictated by length of stay.

### **WALKING**

Walking Socks  
Walking Trousers (not denims)  
Walking Shirts (not T-shirts or cut-offs)  
Walking Boots  
Fleece  
Weather/Waterproof Jacket  
Weather/Waterproof Trousers

### **SPORTS EQUIPMENT**

Sport Socks  
Sports Shorts  
Sport Shirt  
Tracksuit  
Swimming Costume  
Training Shoes (that you don't mind getting wet)  
Sweat Shirts

### **MISCELLANEOUS EQUIPMENT**

Torch  
Water Bottle  
Rucksack (preferably day sack size)  
Towels  
Sun cream and Lip Balm  
Casual wear for evening/leisure times  
Soft soled shoes/slippers for wear inside ATC

### **WINTER ACTIVITIES**

Thick socks  
Cold weather jacket (preferably waterproof)  
Cold weather trousers (preferably waterproof)  
Sweatshirt  
Fleece  
Gloves (preferably waterproof)  
Suitable head cover  
Sunglasses/Goggles  
Sun cream  
Waterproof/breathable footwear  
Ski equipment (where held)  
Hat

## REME ADVENTUROUS TRAINING CENTRE – ROUTE CARD

1. This route card starts from the Autobahn Kreuz Ulm.
2. Autobahn 7 past Ulm in the direction of Memmingen/Kempton.
3. Just south of Kempton at Junction 136 join Autobahn 980 to Oberstdorf/Lindau.
4. Leave Autobahn 980 at second exit direction Oberstdorf.
5. Continue to follow signs for Oberstdorf/Sonthofen until arriving at the first Sonthofen exit. (Sign Gunzesried).
6. At T junction turn left and follow signs for Gunzesried and Immenstadt.
7. Take the left turning for Gunzesried and drive up the steep winding slope.
8. Follow the main road through Gunzesried and carry on to Gunzesried-Sage.
9. In Gunzesried Sage, by the Alpen Rose Hotel, turn left, then right at the next small Y junction and on up the hill to the REME Adventurous Training Centre (Bergheim Lieb) at the very end of the road.

